

Anxiety Case Study With Clarity Chair

According to the Anxiety and Depression Association of America, nearly 50 million Americans suffer from some form of Anxiety. Anxiety Disorders are the most common mental disorders in the world, affecting 20% of the world's population.

The most common treatment for anxiety is medication. Unfortunately, the medications used for Anxiety are often addictive and come with a host of serious and even life-threatening side effects.

A non-invasive, safe treatment for Anxiety could help millions. This is a case study of the use of Clarity Chair for someone with the symptoms of Anxiety. The name is changed to protect the identity.

Marilyn was a 28 year-old female who had suffered from anxiety for many years. While she had tried medications, they did not work for her. Before she started Clarity Chair, she reported 12 symptoms of anxiousness. She was asked to rate her symptoms 0-5, with 5 being the worst and zero being no symptoms. After only 5 days on Clarity Chair she reported improvement in 8 of her 12 symptoms.

1. Trouble concentrating and making decisions went from a 5 to a 3.
2. Having poor appetite or eating too much went from a 3 to a 1.
3. Being worried that she might hurt herself or wanting to die went from a 5 to a 2.
4. Trouble with sleep went from a 5 to a 2.
5. Panic attacks went from a 2 to a 1.
6. Restlessness went from a 5 to a 2.
7. Physical symptoms, headache, stomachache, tense muscles, backache went from a 5 to a 2.
8. Irrational fears went from a 1 to a 0.

The Clarity Chair treatment took only 5 days and the results on Marilyn's Anxiety symptoms were checked at 30 days after the treatment. Because Clarity Chair addresses the underlying cause of the symptoms, the Sensory System, Marilyn may continue to show improvement.

She had no adverse affects from Clarity Chair treatment.